

## BONE DENSITOMETRY PATIENT QUESTIONNAIRE

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

1. What is your current **WEIGHT**? \_\_\_\_\_ Pounds
2. Have you gone through menopause?  Yes  No If Yes, at what age? \_\_\_\_\_
3. Are you premenopausal?  Yes  No
4. Have you had surgery to your lower back?  Yes  No If yes, what level? \_\_\_\_\_
5. What was your height at 20 years of age? \_\_\_\_\_
6. What is your current **HEIGHT**? \_\_\_\_\_ Feet \_\_\_ Inches
7. Any previous: Compression spine fractures?  Yes  No  
Hip fractures (other than from a fall)?  Yes  No Which hip? \_\_\_\_\_
8. Have you had any pathological fractures during your adult life which did not result from significant trauma (i.e. auto accident?)  Yes  No  
If YES, what area,  Spine,  Hip (Right or Left),  Forearm (Right or Left),  other: \_\_\_\_\_
9. Did your mother or father ever have a hip fracture?  Yes  No
10. Are you currently smoking cigarettes?  Yes  No
11. Do you take oral steroids (Glucocorticoids) or have you taken oral steroids longer than 3 months?  Yes  No  
If yes, how long have you taken them? \_\_\_\_\_ What is the name of the steroid you are taking? \_\_\_\_\_
12. Do you have a confirmed diagnosis of Rheumatoid Arthritis?  Yes  No
13. Have you ever been diagnosed with Osteoporosis?  Yes  No  
If yes, what area,  Spine  Hip (Right or Left)  Forearm (Right or Left)
14. Do you have one of the following disorders strongly associated with secondary Osteoporosis? Type 1 Diabetes, Osteogenesis Imperfecta, Untreated Hyperthyroidism, Hypogonadism, Premature Menopause (<45), Chronic Malnutrition, or Malabsorption and Chronic Liver Disease?  Yes  No
15. Do you currently take any osteoporotic medication?  Yes  No  
If yes, what is the name of the medication(s)? \_\_\_\_\_ How long have you been taking them? \_\_\_\_\_  
If no, have you ever?  Yes  No when? \_\_\_\_\_
16. Do you take calcium supplements?  Yes  No If yes, how long? \_\_\_\_\_
17. Do you take vitamin D?  Yes  No If yes, how long? \_\_\_\_\_
18. Do you have Hyperparathyroidism?  Yes  No
19. Do you drink 3 or more glasses of alcohol a day?  Yes  No
20. Do you take hormone replacement ("oral estrogen"?)  Yes  No If yes, how long? \_\_\_\_\_

**Patient's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_